

***Program Evaluation***

**Lesson 3 - Experiential component**

Please complete both activities

Activity #1 – Review your agency’s evaluation forms

- Find all the evaluation forms your agency uses to solicit input from survivors.
- Pretend that you are a client, and fill out your own survey(s). This may seem silly and you may be tempted to just read your forms critically and not really answer the questions. Put these feelings aside, get out a pen, and answer each of your questions.
- Once you have completed the form(s), talk to a co-worker. Maybe your forms are really good — describe why you like them. Perhaps you see some problems. Take the time to explore why you are asking the questions you do.
- If you are a DSHS funded program, find out how your program asks survivors the two required outcome questions:
  - Because of my experience at this program I feel [1] I know more ways to plan for my safety, [2] I know more about community resources.

Activity #2 – Express and experience gratitude

This is an exercise in giving a compliment and observing how that compliment is received. For the purposes of this exercise, plan to do this with someone outside of your agency, not a co-worker.

Think of someone who has done something nice for you recently — someone you had face-to-face contact with. This could be someone like the cashier at your grocery store, the reference librarian at your local library, or one of the medical folks at a clinic you go to. Next time you see that person, take just a quick minute to thank them. Let them know what they did for you and how much you appreciate it. Notice their response.