



### **Be Here Now!**

It's 2010 in Washington State and each of us is a part of one of the best Coalitions in the country! Hear all about fun and exciting projects that you and your sister programs are working on right now. Sometimes we forget to take pride in all the great work that we're doing. Be proud and inspire others to come on along!

### **A Feminist View of Substance Use and Mental Health – Part 1**

We won't get far working with people impacted by substance abuse and mental illness if we do not view these problems through a social justice lens. Widespread racism, sexism and ableism tangle our own thinking and actions. Come experience for yourself the stories and examples and get yourself on a more helpful and hopeful advocacy path.

### **A Feminist View of Substance Use and Mental Health – Part 2**

Mental illness and substance use are often barriers for women who are seeking autonomy, access to services, and justice. We'll give you real tools for providing empowering trauma-informed services, advocacy, and safety planning tips – all in an environment that welcomes survivors and grounds advocates.

## **PLENARIES**

### **The Next Generation**

*La Voz Juvenil de Caminar Latino* will give us an inspiring vision of the next generation of anti-violence activists. This group of young people from Atlanta conducts studies on how they dealt with the violence in their homes and how their community responded to domestic violence. Over the past four years, their work has garnered widespread acclaim and they have presented at conferences across the country.

### **Back to the Future**

What have we learned in 40 years of working to end violence against women? What will we choose to take into our future? Dr. V alli Kalei Kanuha will reflect on her documentation of activist story-telling, sharpen our vision beyond 20/20, and renew our commitment to ending violence in our communities.

## **WORKSHOPS**

### **Advocacy 2010 – Five Steps to Better Practice**

The visionaries who brought you the Power and Control Wheel have been hard at work developing more cutting edge tools. Their new approach will make your advocacy more helpful to survivors and will make you love your job even more than you already do!

### **Advocacy Loteria**

Feeling frustrated about providing helpful advocacy to immigrant survivors because they are often ineligible for mainstream resources? Come get creative with us! Learn to listen more closely to what survivors need and think outside the box to help people succeed on their own terms.

### **Caminando en sus Zapatos**

Ven y experimenta por ti misma lo que vive una sobreviviente de violencia do-

mestica cuando decide buscar ayuda. Aprende a utilizar Caminando en sus Zapatos como una herramienta para transmitir esta vivencia en tu comunidad.

### **Consumer Rights for Survivors**

Learn how to help survivors solve problems with unpaid bills, bad credit ratings, collection harassment, predatory loans, rip-off car sales, and more. (Hint: this could be personally beneficial info!)

### **Effective Tribal Court Advocacy**

Tribal court systems work differently from municipal and county systems. Tribal court judge, the Honorable Anita Estupinion Neal, will help you understand tribal domestic violence laws and give you advocacy tips that enhance victim safety.

### **El secreto del éxito: Grupos de Apoyo divertidos**

Experimenta un grupo de apoyo por ti misma y aprende como llevarlo a cabo en tu comunidad de una manera mas divertida.

### **Employment and Unemployment Rights of Survivors**

Washington has some of the strongest employment leave and unemployment protections for survivors in the nation. Come learn how to assist survivors who need to take time off work or leave their jobs due to domestic violence or stalking.

### **Empowering Individuals with Brain Injury to be Great Self Advocates**

Survivors suffer brain injuries as a result of domestic violence. And when people who already have brain injuries get involved with batterers, they are exploited in unique ways. Learn special techniques to work with people who have memory loss and varying abilities to retain and process information.

### **Get Money, Get Safe**

Discover why it's important to include talking about finances in your everyday work with survivors, and discover the treasure trove of resources at [get-moneygetsafe.org](http://get-moneygetsafe.org). (Great for survivors AND you!)

### **Historical Trauma in Indian Communities**

This workshop will focus on the impact that historical trauma and unresolved grief has on Indian People and explore methods, both traditional and

modern, of responding to this collective wounding.

### **How to Make Fair Hearings Fair**

Learn what fair hearings are in the DSHS world - when to use them, what to expect before, during and after, and how you can help survivors through the process or coordinate legal representation.

### **Identifying and Serving Victims of Human Trafficking**

Modern day slavery is a tragic fact of life in all communities. In the absence of specialized service providers for victims, domestic violence agencies are often called upon to help women and children who have been trafficked. Come learn about who the victims are, the resources that are available for them, and ways you can serve people who may or may not want to come forward.

### **Immigration Options: Legal Remedies**

Immigrant survivors do have legal options to attain or safeguard legal immigration status. As a result, they can be significantly less vulnerable to abuse. This workshop covers a basic overview of rights and remedies.

### **In Their Shoes: Train the Trainer**

Learn what dating is like for today's teens from their perspective. Become a teen character, make choices about your relationship, and see what happens. Don't miss the newest edition in the nationally acclaimed In Her Shoes experiential training series. Talk to the creators about how to use In Their

Shoes to raise awareness and spur action in your community.

### **Leaving a Legacy of Leadership**

Learn about building a strong agency and supporting staff in leadership roles from two executive directors who have years of learning by trial and error – and ending up with lots of successes! Share your own stories and tips.

### **Legal Advocacy Problem Solvers**

A team of experienced advocates will help you think through your most troubling legal advocacy issues. Mindful of maintaining confidentiality, come prepared to describe the situations where you need help.

### **Making DVPOs Work for Survivors and Their Children**

When survivors seek protection orders, great advocacy can help them get all the protections the law intends. Sadly, unhelpful practices have emerged in some courts. Come learn about new strategies and laws that can help restore the critical benefits of protection orders.

### **Mothers and Sons**

As advocates, we're accustomed to talking about violence, relationships and justice. But how are we doing at home? As mothers, how do we talk with our sons about relationships, sexuality, and responsibility? In this workshop, we'll talk about the overlap of our work and personal lives, and the art of raising boys into men.

### **Native and Tribal Advocates Round-table**

For Native advocates and advocates working at tribes. Come share questions and lessons learned about working in Indian Country with survivors of domestic violence and sexual assault. Hosted by Billie Barnes (Puyallup Tribe), Nikki Finkbonner (Lummi Nation), Debbie Medeiros (Cowlitz Tribe), and Jenni Jones (Kalispel Tribe of Indians).

### **Serving Survivors with Mental Health Concerns: Lessons Learned**

King County has invested strong leadership, money and in-the-trenches people-power to help improve services to victims of domestic violence who have mental health issues. Reap the benefits of all their efforts and propel your own community's DV and Mental Health collaboration to new heights of success!

### **Sexual Coercion in Relationships Discussion Circle**

Sexual coercion and sexual violence are happening in DV relationships. How can we talk with survivors about this in supportive ways that honor individuals' lives and experiences? WCSAP and WSCADV team up to make time and space to think and strategize.

### **Shelter: Past, Present, and Future**

Party time! Come celebrate all that we have accomplished with our shelters. Learn about cutting edge innovations in the housing world. Discuss your dreams for your own program. These are very exciting times - share in the fun.

### **Show Me the Money**

Come to this interactive forum where you'll get an overview of the current philanthropic landscape, focusing on success stories, challenges and Q&A. Workshop leader Ted Lord was the interim E.D. at DAWN and has a well-deserved reputation as fundraiser extraordinaire.

### **Social Media for Social Change**

What is social media? What's up with Twitter, Facebook, and Delicious? How does social media work? Come to this workshop if you are thinking about, or currently using, these tools to generate awareness, stay connected with your supporters, or reach out to donors.

### **Suicide Assessment and Intervention**

Bring experiences, concerns and questions and we'll build on your skills. Learn how to assess lethality and develop suicide-safe plans. What is your legal responsibility? What if your client doesn't want treatment? We will address these issues through your case examples.

### **Supporting Parenting in Shelter**

Your program can make simple changes that will support great parenting and the building and rebuilding of strong parent-child relationships. Find out how!

### **Understanding Self Harm and How to Intervene**

It is easy to recognize self-injury; it is much harder to understand and even harder to treat. We will discuss the

difference between self-injury and suicide and work on our intervention skills. Bring case examples and your challenging questions.

### **Welfare 101**

TANF, DCS, SFA, WTAP. Look like alphabet soup to you? Join us to decode welfare and learn how to help survivors navigate the system.

### **What do Residents Have to Say About our Shelter Buildings?**

How does your shelter's physical space promote strong parent-child relationships, and help residents heal and regain peace of mind? Find out what residents of three programs had to say about enhancing existing shelters and/or building housing that works for women and kids in crisis.

### **What To Do About Bedbugs**

Bedbugs are back and more resistant than ever before! Learn about this threat to shelter/housing services from an expert in the field of bedbug extermination. Hear how two agencies are dealing with the problem.

### **Your Guide to the DSHS Children's Administration's Practice Guide**

Get a quick tour of the highlights of the new domestic violence practice guide. Learn the art of diplomacy in bringing up best practice when you are working with CPS and other Children's Administration social workers.